



## **Preparation of Manuscripts for Research Papers, Brief Reports, Literature Reviews & Special Articles**

The types of articles that can be submitted for publication to the Philippine Journal of Psychiatry include the following: research reports, brief reports, literature reviews, special articles, case reports, commentaries, book reviews, monographs, letters and others.

### **RESEARCH REPORTS**

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The manuscript must be:

- sent as a Microsoft Word document (.doc or .docx)
- written in English or Filipino
- in Times New Roman font, font size 11, single-spaced
- in US Letter sized paper (21.59cm x 27.94cm, or 8.5in x 11in) with 1" margins
- with page numbers, placed at the lower right hand corner of each page, beginning with the title page.

The manuscript should be arranged as the ff:

- 1) Title
- 2) Structured Abstract
- 3) Text
- 4) Acknowledgments
- 5) References
- 6) Tables
- 7) Appendices

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**I. The Title Page** should include a concise and informative title, author's name with highest academic degree as well as the name of institution to which work can be attributed or where research study was conducted. The title should include the study design especially for randomized controlled trials i.e. any research project that prospectively assigns human subjects to intervention or concurrent comparison or control groups to study the cause and effect relationship between a medical intervention and a health outcome.

Include the name, telephone & cell phone numbers, mailing & email addresses of the author responsible for correspondence about the manuscript and the author to whom requests for reprints should be addressed.

Sources of support in the form of grants, equipment, drugs or all these should also be included. If paper was presented at a national or international meeting, full details of the meetings should be stated such as title, place and date.

II. The structured **ABSTRACT** should include:

**OBJECTIVES**- purpose of the study or research question;

**METHODOLOGY**- study design, selection process, setting, subjects, observational and analytical methods, intervention(s) if any and main outcome measure(s);

**RESULTS**- main findings of research in relation to objectives stated and give the statistical significance of observations; &

**CONCLUSION**- primary conclusions with emphasis on new and important aspects of the study or observations and funding sources. The abstract should not exceed 250 words and list up to 5 key words under which article will be indexed.

III. The **Text** should consist of Introduction, Methods, Results and Discussion.

A. The **INTRODUCTION** should provide the context and rationale of the study i.e. nature of the problem and its significance. State the specific purpose or research objectives of or hypothesis being tested by the study. The research objective may be stated as a question.

B. The **METHODOLOGY** section should describe how and why the study was done in a particular way in as much detail about the Study Design and with enough **Technical Information** that would allow others to reproduce the results. **Methods for Selection** of study population i.e. inclusion & exclusion criteria, data collection, and data analysis procedure should be concisely yet easily understandable to the readers. **Description of Study Participants** should include the Source Population, explain relevance of inclusion / exclusion criteria and demographic variables chosen e.g. why choose to study only women from 40- 60 years old. How variables were measured may also be important to specify. Describe the **Statistical Methods** with enough detail to enable knowledgeable reader with access to the original data to verify the reported results. When possible, quantify findings and present them with appropriate indicators of measurement error or uncertainty i.e. confidence intervals. Define statistical terms, abbreviations and symbols used as well as specify the computer software used. **Ethical Considerations** for the protection of human subjects and animals in the research should be indicated as when informed consent was obtained and if the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) as well as with the Helsinki Declaration of 1975 as revised in 2008. Do not use patient's names, initials, or hospital numbers, especially in illustrative material.

C. The **RESULTS** should report only the findings related directly to the research objectives. Give numeric results as absolute numbers and as percentages as well as how they were statistically analyzed. Use metric or S.I. units of measurement and specify all units of measurement clearly. Use only standard abbreviations. Include **Tables & Figures** only if they present relevant numerical data more clearly than could be done in the text. Do not repeat all the data in tables, graphs or illustrations in the text, where only the most important observations are summarized. Label tables & figures appropriately and number consecutively in order of their first citation in the text using Arabic numerals. Be sure that each table and figure is cited in the text otherwise don't include it.

Cell alignment of **Tables** should be to top left, single spaced or auto-fitted to contents of cell with all grid lines visible. Place a heading for each table column and brief title for each table above the table. Explanation or discussion of results in the table should be placed before the Table and place Table number referred to after paragraph where it is mentioned e.g. (Table 1). **Figures** should be as self-explanatory as possible. Figures accepted for publication must be clear, uncluttered, and two-dimensional. Figure number and title should be placed below the figure. Explanations for the Figures are placed after the Figure(s) and indicate in parenthesis which Figure was being described e.g. (Figure 2) For x-ray films, scans and other diagnostic images as well as pictures of pathology specimens or photomicrographs, send sharp, glossy, black and white or color photographic prints 5 x 7 inches or 127 x 173 mm in camera ready form. The names of the authors should be written at the back of each plate.

**Photomicrographs** should have internal scale markers. Titles and detailed explanations should be placed in the legends not on the illustrations themselves. Explain the internal scale and identify the

method of staining in photomicrographs. When symbols, arrows, numbers or letters are used to identify parts of the illustrations, identify and explain each one clearly in the legend.

Please list on a separate page, values for the data points shown on graphs, in case the reviewers/ editors of the journal has to recreate some figures. When reporting statistically significant results, always report the observed test statistic value, degrees of freedom, probability level, and for t & F tests, whether repeated measures were used.

Supplementary materials and technical detail can be placed in an **APPENDIX** where they will be accessible but do not interrupt the flow of the text. Appendices are numbered in sequence of how they are referred to in the text e.g. (Appendix 3). Checklists and questionnaires are generally not published.

**D. The DISCUSSION** should emphasize the new and important aspects of the study and the conclusions that follow from them. Link the conclusions with the goals of the study but avoid unqualified statement or conclusions not supported by your data. Recommendations when appropriate may be included. Do not repeat study results in the discussion but rather give explanations for the findings, compare and contrast the results with other relevant studies and state the limitations of the study. Explore the implications of the findings for future research and for clinical practice.

**E. The ACKNOWLEDGMENTS:** Disclosure statements of sponsoring body may be required for studies promoting products or services described in the paper. One or more statements should specify contributions that need acknowledging but do not justify authorship such as emotional, financial, material or technical support. The corresponding author should submit the written permission to be acknowledged from all acknowledged individuals before printing.

**F. REFERENCES:** Only relevant references, preferably from original researches should be cited in the text and listed according to their order of appearance in the text using Arabic numerals in parenthesis or superscript. Limit these to material that has already been published, accepted for publication or presented at a major national meeting.

Citations of material in press must include journal or publisher's name followed by "in press" or forthcoming". If unpublished material is cited indicate source and year in parenthesis in the text or written as a footnote.

Avoid citing a "personal communication" unless it provides essential information unavailable from a public source, in which case the name of the person and date of communication should be cited in parentheses in the text. For scientific articles, obtain written permission and confirmation of accuracy from the source of a personal communication.

Avoid using abstracts as references. Accuracy of the citation is the author's responsibility. Abbreviations of journal names should conform to those used in Index Medicus.

Examples:

### **Articles in Journals**

#### **1. Standard journal article**

List *All* authors *if 6 or less*: Surname and initials of all authors, title of article, name of journal, year, volume & first and last pages.

Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. *N Engl J Med.* 2002 Jul 25;347(4):284-7.

If more than six authors, list only the first 6 authors and add "*et al*":

Rose ME, Huerbin MB, Melick J, Marion DW, Palmer AM, Schiding JK, et al. Regulation of interstitial excitatory amino acid concentrations after cortical contusion injury. *Brain Res.* 2002;935(1-2):40-6.

Optional addition of a database's unique identifier for the citation:

Forooghian F, Yeh S, Faia LJ, Nussenblatt RB. Uveitic foveal atrophy: clinical features and associations. *Arch Ophthalmol*. 2009 Feb;127(2):179-86. PubMed PMID: 19204236; PubMed Central PMCID: PMC2653214.

Optional addition of a clinical trial registration number:

Trachtenberg F, Maserejian NN, Soncini JA, Hayes C, Tavares M. Does fluoride in toothpaste prevent future caries in children? *J Dent Res*. 2009 Mar;88(3):276-9. PubMed PMID: 19329464. ClinicalTrials.gov registration number: NCT00065988.

**2. Organization as author**

Diabetes Prevention Program Research Group. Hypertension, insulin, and proinsulin in participants with impaired glucose tolerance. *Hypertension*. 2002;40(5):679-86.

**3. Both personal authors and organization as author (List all as they appear in the byline.)**

Vallancien G, Emberton M, Harving N, van Moorselaar RJ; Alf-One Study Group. Sexual dysfunction in 1,274 European men suffering from lower urinary tract symptoms. *J Urol*. 2003;169(6):2257-61.

Margulies EH, Blanchette M; NISC Comparative Sequencing Program, Haussler D, Green ED. Identification and characterization of multi-species conserved sequences. *Genome Res*. 2003 Dec;13(12):2507-18.

**4. No author given**

21st century heart solution may have a sting in the tail. *BMJ*. 2002;325(7357):184.

**5. Article not in English**

Ellingsen AE, Wilhelmsen I. Sykdomsangst blant medisin- og jusstudenter. *Tidsskr Nor Laegeforen*. 2002;122(8):785-7. Norwegian.

Optional translation of article title (MEDLINE/PubMed practice):

Ellingsen AE, Wilhelmsen I. [Disease anxiety among medical students and law students]. *Tidsskr Nor Laegeforen*. 2002 Mar 20;122(8):785-7. Norwegian.

**6. Volume with supplement**

Geraud G, Spierings EL, Keywood C. Tolerability and safety of frovatriptan with short- and long-term use for treatment of migraine and in comparison with sumatriptan. *Headache*. 2002;42 Suppl 2:S93-9.

**7. Issue with supplement**

Glaser TA. Integrating clinical trial data into clinical practice. *Neurology*. 2002;58(12 Suppl 7):S6-12.

**8. Volume with part**

Abend SM, Kulish N. The psychoanalytic method from an epistemological viewpoint. *Int J Psychoanal*. 2002; 83(Pt 2):491-5.

**9. Issue with part**

Ahrar K, Madoff DC, Gupta S, Wallace MJ, Price RE, Wright KC. Development of a large animal model for lung tumors. *J Vasc Interv Radiol*. 2002;13(9 Pt 1):923-8.

**10. Issue with no volume**

Banit DM, Kaufer H, Hartford JM. Intraoperative frozen section analysis in revision total joint arthroplasty. *Clin Orthop*. 2002;(401):230-8.

**11. No volume or issue**

Outreach: bringing HIV-positive individuals into care. *HRSA Careaction*. 2002 Jun:1-6.

**12. Pagination in roman numerals**

Chadwick R, Schuklenk U. The politics of ethical consensus finding. *Bioethics*. 2002;16(2):iii-v.

**13. Type of article indicated as needed**

Tor M, Turker H. International approaches to the prescription of long-term oxygen therapy [letter]. *Eur Respir J*. 2002;20(1):242.

Lofwall MR, Strain EC, Brooner RK, Kindbom KA, Bigelow GE. Characteristics of older methadone maintenance (MM) patients [abstract]. *Drug Alcohol Depend*. 2002;66 Suppl 1:S105.

**14. Article containing retraction**

Feifel D, Moutier CY, Perry W. Safety and tolerability of a rapidly escalating dose-loading regimen for risperidone. *J Clin Psychiatry*. 2002;63(2):169. Retraction of: Feifel D, Moutier CY, Perry W. *J Clin Psychiatry*. 2000;61(12):909-11.

**Article partially retracted:**

Starkman JS, Wolter C, Gomelsky A, Scarperio HM, Dmochowski RR. Voiding dysfunction following removal of eroded synthetic mid urethral slings. *J Urol*. 2006 Sep;176(3):1040-4.

Partial retraction in: Starkman JS, Wolder CE, Gomelsky A, Scarperio HM, Dmochowski RR. *J Urol*. 2006 Dec;176(6 Pt 1):2749.

**15. Article retracted**

Feifel D, Moutier CY, Perry W. Safety and tolerability of a rapidly escalating dose-loading regimen for risperidone. *J Clin Psychiatry*. 2000;61(12):909-11. Retraction in: Feifel D, Moutier CY, Perry W. *J Clin Psychiatry*. 2002;63(2):169.

**16. Article republished with corrections**

Mansharamani M, Chilton BS. The reproductive importance of P-type ATPases. *Mol Cell Endocrinol*. 2002;188(1-2):22-5. Corrected and republished from: *Mol Cell Endocrinol*. 2001;183(1-2):123-6.

**17. Article with published erratum**

Malinowski JM, Bolesta S. Rosiglitazone in the treatment of type 2 diabetes mellitus: a critical review. *Clin Ther*. 2000;22(10):1151-68; discussion 1149-50. Erratum in: *Clin Ther*. 2001;23(2):309.

**18. Article published electronically ahead of the print version**

Yu WM, Hawley TS, Hawley RG, Qu CK. Immortalization of yolk sac-derived precursor cells. *Blood*. 2002 Nov 15;100(10):3828-31. Epub 2002 Jul 5.

**Books and Other Monographs**

**19. Personal author(s)**

Murray PR, Rosenthal KS, Kobayashi GS, Pfaller MA. *Medical microbiology*. 4th ed. St. Louis: Mosby; 2002.

**20. Editor(s), compiler(s) as author**

Gilstrap LC 3rd, Cunningham FG, VanDorsten JP, editors. *Operative obstetrics*. 2nd ed. New York: McGraw-Hill; 2002.

**21. Author(s) and editor(s)**

Breedlove GK, Schorfheide AM. *Adolescent pregnancy*. 2nd ed. Wiecezorek RR, editor. White Plains (NY): March of Dimes Education Services; 2001.

**22. Organization(s) as author**

Advanced Life Support Group. *Acute medical emergencies: the practical approach*. London: BMJ Books; 2001. 454 p.

American Occupational Therapy Association, Ad Hoc Committee on Occupational Therapy Manpower. *Occupational therapy manpower: a plan for progress*. Rockville (MD): The Association; 1985 Apr. 84 p.

National Lawyers' Guild AIDS Network (US); National Gay Rights Advocates (US). *AIDS practice manual: a legal and educational guide*. 2nd ed. San Francisco: The Network; 1988.

**23. Chapter in a book**

Meltzer PS, Kallioniemi A, Trent JM. Chromosome alterations in human solid tumors. In: Vogelstein B, Kinzler KW, editors. *The genetic basis of human cancer*. New York: McGraw-Hill; 2002. p. 93-113.

**24. Conference proceedings**

Harnden P, Joffe JK, Jones WG, editors. *Germ cell tumours V. Proceedings of the 5th Germ Cell Tumour Conference*; 2001 Sep 13-15; Leeds, UK. New York: Springer; 2002.

**25. Conference paper**

Christensen S, Oppacher F. An analysis of Koza's computational effort statistic for genetic programming. In: Foster JA, Lutton E, Miller J, Ryan C, Tettamanzi AG, editors.

Genetic programming. Euro GP 2002: Proceedings of the 5th European Conference on Genetic Programming; 2002 Apr 3-5; Kinsdale, Ireland. Berlin: Springer; 2002. p. 182-91.

**26. Scientific or technical report**

Issued by funding/sponsoring agency:

Yen GG (Oklahoma State University, School of Electrical and Computer Engineering, Stillwater, OK). Health monitoring on vibration signatures. Final report. Arlington (VA): Air Force Office of Scientific Research (US), Air Force Research Laboratory; 2002 Feb. Report No.: AFRLSRBLTR020123. Contract No.: F496209810049.

Issued by performing agency:

Russell ML, Goth-Goldstein R, Apte MG, Fisk WJ. Method for measuring the size distribution of airborne Rhinovirus. Berkeley (CA): Lawrence Berkeley National Laboratory, Environmental Energy Technologies Division; 2002 Jan. Report No.: LBNL49574. Contract No.: DEAC0376SF00098. Sponsored by the Department of Energy.

**27. Dissertation**

Borkowski MM. Infant sleep and feeding: a telephone survey of Hispanic Americans [dissertation]. Mount Pleasant (MI): Central Michigan University; 2002.

**28. Patent**

Pagedas AC, inventor; Ancel Surgical R&D Inc., assignee. Flexible endoscopic grasping and cutting device and positioning tool assembly. United States patent US 20020103498. 2002 Aug 1.

**Other Published Material**

**29. Newspaper article**

Tynan T. Medical improvements lower homicide rate: study sees drop in assault rate. The Washington Post. 2002 Aug 12;Sect. A:2 (col. 4).

**30. Audiovisual material**

Chason KW, Sallustio S. Hospital preparedness for bioterrorism [videocassette]. Secaucus (NJ): Network for Continuing Medical Education; 2002.

**31. Legal Material**

Public law:

Veterans Hearing Loss Compensation Act of 2002, Pub. L. No. 107-9, 115 Stat. 11 (May 24, 2001).

Unenacted bill:

Healthy Children Learn Act, S. 1012, 107th Cong., 1st Sess. (2001).

Code of Federal Regulations:

Cardiopulmonary Bypass Intracardiac Suction Control, 21 C.F.R. Sect. 870.4430 (2002).

Hearing:

Arsenic in Drinking Water: An Update on the Science, Benefits and Cost: Hearing Before the Subcomm. on Environment, Technology and Standards of the House Comm. on Science, 107th Cong., 1st Sess. (Oct. 4, 2001).

**32. Map**

Pratt B, Flick P, Vynne C, cartographers. Biodiversity hotspots [map]. Washington: Conservation International; 2000.

**33. Dictionary and similar references**

Dorland's illustrated medical dictionary. 29th ed. Philadelphia: W.B. Saunders; 2000. Filamin; p. 675.

**Unpublished Material**

**34. In press or Forthcoming**

Tian D, Araki H, Stahl E, Bergelson J, Kreitman M. Signature of balancing selection in Arabidopsis. Proc Natl Acad Sci U S A. Forthcoming 2002.

**Electronic Material**

**35. CD-ROM**

Anderson SC, Poulsen KB. Anderson's electronic atlas of hematology [CD-ROM]. Philadelphia: Lippincott Williams & Wilkins; 2002.

### **36. Journal article on the Internet**

Aboud S. Quality improvement initiative in nursing homes: the ANA acts in an advisory role. *Am J Nurs* [Internet]. 2002 Jun [cited 2002 Aug 12];102(6):[about 1 p.]. Available from:<http://www.nursingworld.org/AJN/2002/june/Wawatch.htm>Article

#### **Optional presentation (omits bracketed phrase that qualifies the journal title abbreviation):**

Aboud S. Quality improvement initiative in nursing homes: the ANA acts in an advisory role. *Am J Nurs*. 2002 Jun [cited 2002 Aug 12];102(6):[about 1 p.]. Available from:<http://www.nursingworld.org/AJN/2002/june/Wawatch.htm>Article

Article published on the Internet ahead of the print version: See # 18.

#### **Optional formats used by NLM in MEDLINE/PubMed:**

##### **Article with document number in place of traditional pagination:**

Williams JS, Brown SM, Conlin PR. Videos in clinical medicine. Blood-pressure measurement. *N Engl J Med*. 2009 Jan 29;360(5):e6. PubMed PMID: 19179309.

##### **Article with a Digital Object Identifier (DOI):**

Zhang M, Holman CD, Price SD, Sanfilippo FM, Preen DB, Bulsara MK. Comorbidity and repeat admission to hospital for adverse drug reactions in older adults: retrospective cohort study. *BMJ*. 2009 Jan 7;338:a2752. doi: 10.1136/bmj.a2752. PubMed PMID: 19129307; PubMed Central PMCID: PMC2615549.

##### **Article with unique publisher item identifier (pii) in place of traditional pagination or DOI:**

Tegnell A, Dillner J, Andrae B. Introduction of human papillomavirus (HPV) vaccination in Sweden. *Euro Surveill*. 2009 Feb 12;14(6). pii: 19119. PubMed PMID: 19215721.

### **37. Monograph on the Internet**

Foley KM, Gelband H, editors. Improving palliative care for cancer [Internet]. Washington: National Academy Press; 2001 [cited 2002 Jul 9]. Available from: <http://www.nap.edu/books/0309074029/html/>.

### **38. Homepage/Web site**

Cancer-Pain.org [Internet]. New York: Association of Cancer Online Resources, Inc.; c2000-01 [updated 2002 May 16; cited 2002 Jul 9]. Available from: <http://www.cancer-pain.org/>.

### **39. Part of a homepage/Web site**

American Medical Association [Internet]. Chicago: The Association; c1995-2002 [updated 2001 Aug 23; cited 2002 Aug 12]. AMA Office of Group Practice Liaison; [about 2 screens]. Available from: <http://www.ama-assn.org/ama/pub/category/1736.html>

### **40. Database on the Internet**

#### **Open database:**

Who's Certified [Internet]. Evanston (IL): The American Board of Medical Specialists. c2000 – [cited 2001 Mar 8]. Available from: <http://www.abms.org/newsearch.asp>

#### **Closed database:**

Jablonski S. Online Multiple Congenital Anomaly/Mental Retardation (MCA/MR) Syndromes [Internet]. Bethesda (MD): National Library of Medicine (US); c1999 [updated 2001 Nov 20; cited 2002 Aug 12]. Available from: [http://www.nlm.nih.gov/archive//20061212/mesh/jablonski/syndrome\\_title.html](http://www.nlm.nih.gov/archive//20061212/mesh/jablonski/syndrome_title.html)

### **41. Part of a database on the Internet**

MeSH Browser [Internet]. Bethesda (MD): National Library of Medicine (US); 2002 – . Meta-analysis [cited 2008 Jul 24]; [about 2 p.]. Available from: [http://www.nlm.nih.gov/cgi/mesh/2008/MB\\_cgi?mode=&index=16408&view=concept](http://www.nlm.nih.gov/cgi/mesh/2008/MB_cgi?mode=&index=16408&view=concept) MeSH Unique ID: D017418.

### **42. Blogs**

Holt M. The Health Care Blog [Internet]. San Francisco: Matthew Holt. 2003 Oct – [cited 2009 Feb 13]. Available from:[http://www.thehealthcareblog.com/the\\_health\\_care\\_blog/](http://www.thehealthcareblog.com/the_health_care_blog/).  
KidneyNotes.com [Internet]. New York: KidneyNotes. c2006 – [cited 2009 Feb 13]. Available from: <http://www.kidneynotes.com/>.

Wall Street Journal. HEALTH BLOG: WSJ's blog on health and the business of health [Internet]. Hensley S, editor. New York: Dow Jones & Company, Inc. c2007 – [cited 2009 Feb 13]. Available from: <http://blogs.wsj.com/health/>.

**Contribution to a blog:**

Mantone J. Head trauma haunts many, researchers say. 2008 Jan 29 [cited 2009 Feb 13]. In: Wall Street Journal. HEALTH BLOG [Internet]. New York: Dow Jones & Company, Inc. c2008 – . [about 1 screen]. Available from: <http://blogs.wsj.com/health/2008/01/29/head-trauma-haunts-many-researchers-say/>.

Campbell A. Diabetes and alcohol: do the two mix? (Part 2). 2008 Jan 28 [cited 2009 Feb 13]. In: Diabetes Self-Management Blog [Internet]. New York: Diabetes Self-Management. [2006 Aug 14] – . 2 p. Available from: [http://www.diabetesselfmanagement.com/blog/Amy\\_Campbell/Diabetes\\_and\\_Alcohol\\_Do\\_the\\_Two\\_Mix\\_Part\\_2](http://www.diabetesselfmanagement.com/blog/Amy_Campbell/Diabetes_and_Alcohol_Do_the_Two_Mix_Part_2)

Reider J. Docnotes: Health, Technology, Family Medicine and other observations [Internet]. [place unknown]: Jacob Reider. 1999 – . CRP again ...; 2004 Apr 2 [cited 2009 Feb 13]; [about 1 screen]. Available from: <http://www.docnotes.com/2004/04/crp-again.html>

More detailed information on how to cite references can be found in [Citing Medicine](#). Note [Appendix F](#) which covers how citations in MEDLINE/PubMed differ from the advice in [Citing Medicine](#).

**CASE REPORTS, COMMENTARIES, BOOK REVIEWS, MONOGRAPHS & LETTERS TO THE EDITOR:**

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The manuscript must be:

- sent as a Microsoft Word document (.doc or .docx)
- written in English or Filipino
- in Times New Roman font, font size 11, single-spaced
- in US Letter sized paper (21.59cm x 27.94cm, or 8.5in x 11in) with 1” margins
- with page numbers, placed at the lower right hand corner of each page, beginning with the title page.

**Case Reports** may adapt either of the 2 formats:

1) Clinical Case Conference:

- Introduction based on Literature Review
- Initial Symptoms of the patient
- Family & Developmental History
- Pre morbid Medical History
- Initial Examination
- Treatment and course of Illness
- Discussion

2) Case Report:

- Abstract
- Introduction which includes a Literature Review
- Case description in terms of history
- Mental Status Exam
- Diagnosis
- Discussion of the case

The following must be included: an unstructured Abstract of a maximum of 100 words, brief Literature Review, description of the case, its treatment/management and discussion of analysis (psychodynamics)



and at least 10 references. Authors must protect patient anonymity and disguise their identifying information.

**Commentaries** may be up to a maximum of 1200 words, and include at least 10 references. Authors may be asked for source material to support factual statements in opinion pieces.

**Book Reviews** may be on books dealing with any topic or issue related to or of interest to psychiatry, psychology or mental health. Indicate book title, authors/ editors, city where it was published, year published, publisher, total number of pages and sale price of book reviewed. References are optional.

**Letters** are published at the editor's discretion and should not exceed 500 words, with at least 5 references. Letters related to material published in PJP may be sent to the author themselves for possible reply.

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#### REFERENCES:

1. International Committee of Medical Journal Editors. [home page on the internet]. Recommendations for the conduct, Reporting, Editing and Publication of Scholarly Work in Medical Journals [cited 2016 Dec 24] Available from: <http://www.ICMJE.org>.
2. World Medical Association. World Medical Association Declaration of Helsinki: Ethical Principles for Medical Research Involving Human Subjects. JAMA.2013;310 (20):2191-94.doi.10.1001/jama.20132810